

# HUGGER Fit Chart – what’s my size?



HUGGER  PRIMA



HUGGER  EXTENDER



HUGGER  VIDA

		Compression: High to Medium	Great to add more room and moderate the full compression of your HuggerPRIMA	Compression: Medium to Low
<b>Body Friendly Hugger Size</b>		<b>Fits your band size</b>	<b>Add to your HuggerPRIMA</b>	<b>Fits your band size</b>
Small	S	30 - 32	M Extender	30 - 32
Medium	M	34 - 36	M Extender	34 - 36
Large	L	38 - 40	L Extender	38 - 40
XL	XL	42 - 44	L Extender	42 - 44
XXL	2XL	46 - 48	L Extender	46 - 48
XXXL	3XL	50 - 52	2XL with L Extender	

### HuggerPRIMA is commonly used for:

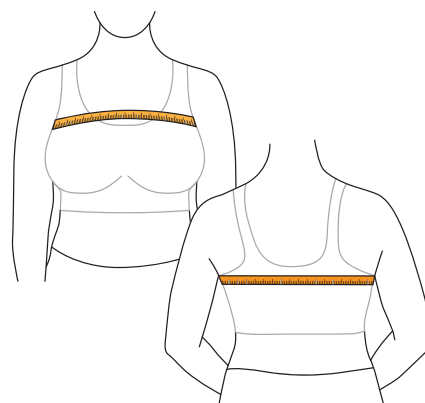
- Post-Surgical
- Active Recovery
- Physical Therapy
- Recurring Seroma
- Lymphedema
- High, Mid & Low Impact exercise

### What we have heard from our HuggerPRIMA Wearers:

- Upsize one size for extra comfort
- Upsize one size if you are a D+ cup for a less compressive fit
- Great for exercise if you are a D+cup
- Add a HuggerEXTENDER to moderate full compression

### What's your Band Size?

Band Size = Current Bra Size (North American) or Rib Band Measurement i.e) 36 = Medium



### HuggerVIDA is commonly used for:

- Lifestyle, every day wear
- Post-Surgical
- Active Recovery
- Physical Therapy
- Mid to Low impact exercise

### What we have heard from our HuggerVIDA Wearers:

- True to size, even with D+ cup
- Less coverage & compression than HuggerPRIMA
- Comfy – every day go-to bra



**PRAIRIE WEAR**  
compression that hugs your body.

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